

"Anyone Can Have a Crisis" – Submitted by Nancy Stencil, Crisis Services

NEWS YOU CAN USE



WEEKLY CONNECTION WITH MICHAEL LOY

Lincoln Industries

As always, our aim at North Central Health Care is to partner with our communities in Langlade, Lincoln, and Marathon Counties to consistently provide access to regionally unequaled behavioral health and skilled nursing services. I mentioned in last week's *News You Can Use* that the Lincoln County Board would be voting on whether NCHC would take on the Lincoln County Adult Day, Prevocational, and Demand Transportation services known as Lincoln Industries starting January 1, 2020. These programs are important to the community as they work to encourage, educate, and equip adults with developmental and physical disabilities by providing work skills trainings that prepare them for future employment in their communities. I am pleased to announce that on June 18, the Lincoln County Board passed the resolution to officially appoint North Central Health Care as the new provider of the Adult Day, Prevocational Services and Demand Transportation Services in Lincoln County. Throughout the remaining months of 2019, we are going to be collaborating with Lincoln Industries to make the management transition to NCHC positive and effective while still maintaining operations in Merrill and Tomahawk. The employees of Lincoln Industries will be transferring their employment to NCHC as part of the transition process as well. I'm excited to add them to our great team here at NCHC.

How did we get here? Earlier this year, Lincoln Industries management requested NCHC visit their locations and provide an assessment of the services currently provided and welcomed any recommendations to enhance services, expand community work opportunities, and improve financial viability. Following this assessment, the Lincoln County Social Services Board recommended a transfer of services to North Central Health Care, as NCHC has been providing the same care services as Lincoln Industries in the communities of both Langlade and Marathon Counties successfully. I am enthusiastic about the opportunity to provide Adult Day and Prevocational services now in all three of our counties by welcoming Lincoln Industries into our organization. To know we already serve hundreds of adults with developmental disabilities in Langlade and Marathon Counties is encouraging, and by adding Lincoln Industries to our service array we get the privilege to have an even greater impact in the lives of more community members.

The services we provide to the hundreds of adults with developmental and physical disabilities in our tri-county area is crucial to not only the quality of life for the individuals we serve, but to our organization as we continue taking steps to live out our vision of enriching and fulfilling lives in everything we do. Keeping that mindset at the forefront of who we are is what makes our organization exceptional and impactful in our communities. Providing these services give others the opportunity to pursue something beyond what some may have ever thought was attainable. North Central Health Care remains a door of opportunity they need to walk through to get there. Thankfully, that door of opportunity is now wide open in all three of our

Counties! I can't thank you all enough for the work you do and am looking forward to what's to come in this transition with Lincoln Industries. We believe this direction provides a lot of value to the communities we serve.

Make it a great day,

- It's A Shrimp Boil! 2**
- Overcoming Addiction 3**
Still Time to Sign Up!
- Make a Basket for United Way 4**
Call for Summer Basket Raffle Items
- Grilling Safety 5**
Tidbits on Benefits
- HR Insights 6**
New Position Postings

ADMINISTRATOR ON-CALL

x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

Tuesday, June 24 –
Sunday, June 30

Kim Gochanour



Person-Centered
Shout

out

**Steffenie
Quaintance,
Food Services**

Why: For your willingness to be in our Realistic Job Preview Video!

Submitted By:
**Jessica
Meadows**





"Anyone Can Have a Crisis"
– Submitted by Nancy Stencil, Crisis Services



PHOTO OF THE WEEK



Submit A Great Photo From Your Week!

Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.



– Submitted by Kristin Woller,
Mount View Care Center

Turtle Visits Wausau Campus

In the back parking lot near the Crisis Center last week, this slow moving shelled friend paid a visit to our BHS Team. Security Guards and Community Service Officer placed the turtle back near the fence so that it would not get run over accidentally in the parking lot. Little did they know, this speedy creature made its way over to Mount View Care Center and continued its quest, probably to lay eggs. Photos came in later that day from Mount View Care Center staff. When nature calls....



NEWS, UPDATES, LINKS,
STORIES, PHOTOS,
VIDEOS!

GET SOCIAL!
[#iamNCHC](https://twitter.com/iamNCHC)

REMAINING EMPLOYEE UPDATES

All employees should make arrangements to attend one of the following sessions.

2019 – 2ND QUARTER EMPLOYEE UPDATES

TUES, JUNE 25	ANTIGO CENTER 3:30 pm
WED, JUNE 26	WAUSAU CAMPUS 6:15 am Theater 12:00 pm Noon Theater

News You Can Use is a 2-Week Edition on June 28!

Reminder: Offices are closed on Thursday, July 4 in observance of Independence Day!



ARE YOU A "TOUGH MUDDER?"

Have you heard of the Tough Mudder Races? Interested in participating? Jessica Serfontine, Financial Services Benefit Counselor at NCHC, would like you to join her team for the upcoming July 13 & 14 race in the Twin Cities! If there are enough people interested, there is a team discount! Details found at www.toughmudder.com

Contact Jessica at JSerfontein@norcen.org
or 715.848.4383

*This event is not sponsored or associated with NCHC and participation is at your own discretion and risk.



TEAM PHOTO ZeroSuicide Team

The ZeroSuicide team enjoyed a shrimp boil at Pat LuCore's house as they planned the next phase of their action planning to reduce and eliminate suicides. Shown in photo: Dr. Immler, Laura Scudiere, Pat LuCore, Jennifer Peaslee, Judy Rannow and Kim Moore.

Please Register in HealthStream!



Please submit completed NCHC Professional Development Request Form to Organizational Development. See Page 7 for more opportunities!

For law enforcement/safety/courtroom professionals, recovery coaches, social workers, public healthcare and behavioral health professionals, students, concerned loved-ones and community members.

OVERCOMING ADDICTION *Together*

WORKSHOP 2

Building Resilient Families and Communities: Moving Beyond Trauma/ACEs and Addiction

July 18 | Wausau (NTC) or July 19 | Rhinelander (Nicolet College)

8:30 am Registration | 9:00 am - 1:00 pm

Keynote Speaker: The Honorable Rev. Everett Mitchell "Adverse Childhood Experiences (ACEs): From Trauma and Addiction to Hope and Resilience"

Judge Mitchell will share his own experience as a Dane County Circuit Court Judge and how overcoming childhood trauma helped shape his innovative trauma informed courtroom practices.

Scott Webb, "Building Resilient Communities"

Speaking on the significance of ACEs, prevention strategies, and tools for building resiliency.

REGISTER
TODAY FOR
WORKSHOPS
2 & 3!

WORKSHOP 3

Taking Care of Ourselves as We Care for Others

August 15 | Wausau or August 16 | Rhinelander

Keynote Speaker: Jeff VanVonderen from the TV series "Intervention" "Holding Onto Hope in the Addiction Epidemic"

Bonus Conversational Session with Jeff from 1:15-2:30 *Wausau event only

Self-Care Sessions Including: aromatherapy, yoga, meditation, stress reduction workshops, and more!

Presented by:



4 CEU'S
PER SESSION

\$20/session (lunch included)

To learn more and register online:

<http://bit.ly/OvercomingAddictionTogether>

FREE for Students, Recovery Coaches, and Peer Specialists



Questions contact Nicole at nthill@nahec-wi.org or Gail at gkell@wnhahec.org



Make a "Basket" for United Way

Drop off baskets by
Monday, July 15
in HR or Communications & Marketing

Get your team together to donate a raffle basket.

NCHC United Way Summer Basket Raffle!

Please provide a list of contents along with the basket's value. Leave items containing alcohol out of sealed baskets to be stored separately.



All Proceeds Benefit Our Local United Way
Tickets will be on sale July 22 - 26th. More details coming soon!
Questions? Contact Jessica Meadows at jmeadows@norcen.org or 715.848.4309



A VIEW FROM THE LAKE Wausau Water Walkers Water Ski Team

Thanks to Linda Bever for sharing the beautiful view of our NCHC buildings from across the water during the Wausau Water Walkers Water Ski Show.



Hey, you!
NCHC employee...

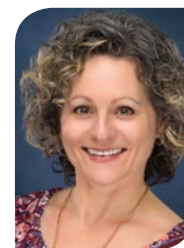
Do YOU know someone who is as awesome as YOU?

Text "Refer" to 715.598.3663 and you are eligible for a referral bonus when they join our team!
When we get your text, HR will take it from there. What are you waiting for?!

CrimeStoppers
Marathon County Crime Stoppers Inc.

Click [here](http://marathoncounty.crimestopper-web.com/crimeoftheweek.aspx) for this week's Crime of the Week.
<http://marathoncounty.crimestopper-web.com/crimeoftheweek.aspx>

Refer and earn a \$500 Referral BONUS!!



Sherry Gatewood

WELLNESS
CORNERBy Sherry
Gatewood, PA

Grilling Safety

You may be wondering why a feature on grilling safety is included in the *Tidbits on Benefits* section. Our Employee Health & Wellness Center has the capability to assist with minor injuries, and during the summer months, especially in July, roughly half of injuries involving grills are thermal burns. The information provided will help you avoid an accident while you are cooking on your grill. Stay safe!

Grilling Safety

There's nothing like outdoor grilling. It's one of the most popular ways to cook food. But, a grill placed too close to anything that can burn is a fire hazard. They can be very hot, causing burn injuries. Follow these simple tips and you will be on the way to safe grilling.

SAFETY TIPS

- » Propane and charcoal BBQ grills should only be used outdoors.
- » The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- » Keep children and pets at least three feet away from the grill area.
- » Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- » Never leave your grill unattended.
- » Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- » There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- » If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- » Keep charcoal fluid out of the reach of children and away from heat sources.
- » There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- » When you are finished grilling, let the coals completely cool before disposing in a metal container.

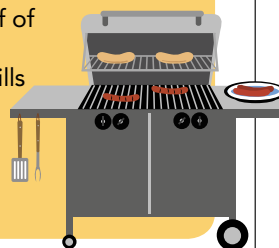
PROPANE Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. **If you smell gas while cooking, immediately get away from the grill and call the fire department.** Do not move the grill.

If the flame **goes out**, turn the grill and gas off and wait at least **5 minutes** before re-lighting it.

FACTS

- ! July is the peak month for grill fires.
- ! Roughly half of the injuries involving grills are thermal burns.



**NATIONAL FIRE
PROTECTION ASSOCIATION**
The leading information and knowledge resource
on fire, electrical and related hazards



[nfpa.org/education](https://www.nfpa.org/education) ©NFPA 2019

https://www.nfpa.org/-/media/Files/Public-Education/Resources/Safety-tip-sheets/Grilling_safety_Tips.pdf



NEW Position Posting

Title: Administrative Assistant II

Status: Full Time

Location: Adult Protective Services

<http://bit.ly/APSAssistant>

The Administrative Assistant II is responsible for complete knowledge of the Adult Protective Services system, responsible for contacting placement locations, guardians, probate court, and provides assistance with general access/intake for the APS Department. This is a Full-time Position regularly scheduled for 32 hours per week. Monday thru Friday.

Education and Experience Requirement

One – three years experience working in a human service area, with documented increase in responsibility.

Working knowledge base in business administration and Microsoft office

Preferred:

Associate degree in an area of human services.

Analytical skills in determining prioritization of services.

Position Posting

Title: BHS Nurse Manager

Status: Full Time

Location: BHS, Wausau Campus

<http://bit.ly/BHSNurseManager>

The BHS Nurse Manager provides support and direction to BHS Registered Nurses while carrying out clinical duties appropriate to their role. The Nurse Manager ensures regulatory compliance with all organizational, professional, governmental and certifying agencies standards in the delivery and coordination of providing high quality patient care. Responsible for providing leadership to and 24-hour accountability for the operational outcomes of assigned nursing unit and patients.

Education and Experience Requirement:

Bachelors degree in Nursing earned at an accredited four year college or university. Two years of progressively responsible nursing experience of 5 years of healthcare or social services management experience.

NEW Position Posting

Title: Safety & Environmental Coordinator

Status: Full Time

Location: Human Service Operations

<http://bit.ly/SafetyJob>

The Safety and Environmental (SE) Coordinator is responsible for performing and initiating all activities in support of environmental health and safety initiatives, New Employee Orientation and Quality Management System training; ensuring effective and efficient compliance with local, state and federal regulations and agencies, managing facility safety processes to protect employees, North Central Health Care, the environment, and provide a safe and healthy work place. The SE is also the liaison to Marathon County Facilities Capital Management and contractors.



EMPLOYEES ON THE MOVE

Congratulations on Your Recent Transfer or Promotion!

Carl Ruenger recently transitioned from Hospitality Assistant in Evergreen Place to CNA in Gardenside Crossing. Congratulations Carl!



North Central Health Care
Person centered. Outcome focused.

June 2019

Employee of the Month



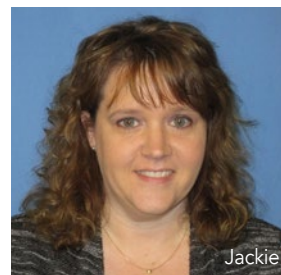
JACKIE KRZNARICH & KATHRYN MORRISON

Administration, Merrill Center

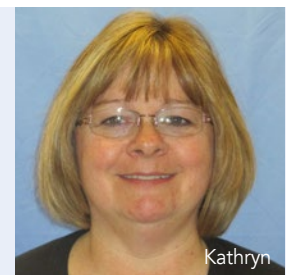
The NCHC Employees of the Month for June has been awarded to Jackie Krznarich and Kathryn Morrison. They work in partnership with other departments across NCHC. Jackie and Kathryn have been very willing to help with coverage by traveling and also taking on the task of placing reminder calls for the Wausau Patient Access staff. They know their clients when they come in and make sure they are taken care of before they leave. Working as a team is evident with Jackie and Kathryn.

Congratulations Jackie and Kathryn!

The Employee of the Month Celebration for Jackie and Kathryn will be held on June 27 at 3:30 pm in the Merrill Center.



Jackie



Kathryn

*"Thank you for all your help when I was sick and you came to help cover for me. You also helped when we were short staffed due to vacations."
– Antigo Staff*

"I can count on them to always do an excellent job for clients and their coworkers."



2019 Professional Development Opportunities for NCHC Employees



CHECK THIS OUT!!
July and August 2019
Professional Development Sessions and Upcoming Conferences

Upcoming Conferences, Trainings & Seminars to help develop each employee's professional skills. These opportunities for continuous improvement include on-site internal and external trainings as well as off-site opportunities. Please submit completed NCHC Professional Development Request Form to Organizational Development or sign-up in HealthStream.

Manager Specific Professional Development Opportunities

Register through HealthStream

New Topic: Intergenerational Teams

Time: 2 hours

Description: For the first time in history, there may be as many as five generations in the workforce. Managing work expectations is hard enough without having to know and understand what every generation needs. In this session we will focus on intergenerational differences, the reason for those differences and how to lead intergenerational teams.

Date: Wednesday, July 10, 2019

Time: 1:00pm - 3:00pm

Room: DeSanctis Room

Target Audience: Managers

Presenters: Judy Rannow &

New Topic: Employee Engagement, Recognition and Appreciation

Time: 1 hour

Description: Engagement, recognition and appreciation are all the same, right? Wrong. In this session we will discover ways to recognize, appreciate and engage employees.

Date: Monday, July 15, 2019

Time: 11:00am - Noon

Room: DeSanctis Room

Target Audience: Managers

Presenters: Jessica Meadows & Judy Rannow

New Topic: Competencies for All

Time: 1 hour

Description: As a manager, you have heard quite a bit about competencies. In this session we will cover the need for competencies and how to develop, use and validate competencies to drive service excellence and employee engagement.

Date: Tuesday, July 23, 2019

Time: 1:00pm - 2:00pm

Room: DeSanctis Room

Target Audience: Managers

Presenters: Judy Rannow &

Topic: Behavioral Interviewing and Hiring for Managers

Time: 3 hours

Description: This session covers what managers need to know about interviewing and hiring new staff. If you hire or need to hire staff, this session is a great place to learn the ins and outs of interviewing and hiring of NCHC.

Date: Monday, August 5, 2019

Time: 1:30pm - 4:30pm

Room: Wausau Board Room

Target Audience: Managers

Presenters: Chris Bleck

New Topic: Professional Development Coaching Conversations

Time: 2 hours

Description: How do you encourage and coach employees to develop their skills and grow in their role? In this session, you will learn to use professional development plans and career maps to coach employees toward development opportunities.

Date: Wednesday, August 14, 2019

Time: 8:30am-10:30am

Room: DeSanctis Room

Target Audience: Managers

Presenters: Judy Rannow

Topic: Delegation for Managers

Time: 1 hour

Description: Explore personal barriers to delegation as well as delegation best practices. After this session, you will have the tools to confidently delegate without micromanaging.

Date: Thursday, August 22, 2019

Time: 11:00am - Noon

Room: Board Room

Target Audience: Managers

Presenters: Judy Rannow

Open Session Professional Development Opportunities

Register through HealthStream

Topic: Stages of Team Development

Time: 2 hours

Description: If you lead or are part of a group, understanding the different stages of team development and how to navigate between the various stages is crucial for success.

Date: Thursday, July 11, 2019

Time: 2:30pm - 4:30pm

Room: DeSanctis Room

Target Audience: All Staff

Presenters: Judy Rannow

New Topic: What is Your Question?

Time: 1 hour

Description: Questions are great tools to use in almost any situation. How do you know what question to ask and when to ask it? In this session we will cover the answers to these questions.

Date: Tuesday, July 16, 2019

Time: 3:00pm - 4:00pm

Room: DeSanctis Room

Target Audience: All Staff

Presenter: Judy Rannow

Topic: Having Difficult & Crucial Conversations

Time: 2 hours

Description: If you dread or avoid having difficult conversations with others, you should attend this course. In the session, you will learn to use an effective framework for having difficult conversations as well as practice your difficult conversation skills.

Date: Wednesday, July 24, 2019

Time: 9:00am - 11:00am

Room: DeSanctis Room

Target Audience: All Staff

Presenters: Chris Bleck & Judy Rannow

Topic: Conflict Resolution

Time: 2 hours

Description: If you avoid conflict or want to learn how to better resolve conflict, this session is for you. In this session you will learn your natural conflict style as well as how to manage and resolve conflict.

Date: Wednesday, July 31, 2019

Time: 1:00pm - 3:00pm

Room: DeSanctis Room

Target Audience: All Staff

Presenters: Judy Rannow & TBD

New Topic: Managing Multiple Priorities

Time: 2 hours

Description: We all want to become better at time management yet, can we really manage time? In this session, we will focus on what we do with our time, how to prioritize work and manage multiple priorities.

Date: Monday, August 12, 2019

Time: 10:00am - Noon

Room: Wausau Board Room

Target Audience: All Staff

Presenter: Judy Rannow

Topic: So You Think You Want to be a Manager?

Time: 2 hours

Description: If you are interested in becoming a manager, attend this panel discussion to learn what managers at NCHC really do. Learn about manager expectations and what a day in the life of a manager looks like. Attendees should bring 2-3 questions to ask panel participants.

Date: Tuesday, August 20, 2019

Time: 11:00am - Noon

Room: Iris Room

Target Audience: All Staff

Presenters: Kathy Buckli, Michelle Carr & others T.

NCHC Ongoing Special Topic Professional Development Opportunities

*These sessions have been added to the NCHC New Hire Orientation. Staff that have not yet attended are welcome to attend the sessions. Contact Mary Jo Monday to register (dates/times may change based on presenters schedule).

Topic: NCHC: Who We Serve Trauma & Trauma Informed Care Overview

Time: 1/2 hour

Date: Tuesday (Day 2 NHO)

Time: 10:00am-10:30am

Room: Board Room

Presenter: Judy Rannow

Topic: NCHC: Who We Serve Diversity

Time: 1/2 hour

Date: Tuesday (Day 2 NHO)

Time: 10:30am-11:00am

Room: Board Room

Presenter: Judy Rannow

Topic: NCHC: Who We Serve Dementia Care

Time: 1 hour

Date: Tuesday (Day 2 NHO)

Time: 11:00am-Noon

Room: Board Room

Presenters: Cagney Martin & Merry Wimmer

Topic: NCHC: Who We Serve Mental/Behavioral Health & NCHC Continuum of Care

Time: 1 hour 15 min

Date: Tuesday (Day 2 NHO)

Time: 12:45pm - 2:00pm

Room: Board Room

Presenters: Dr. Jon Snider & Daniel Shine

Topic: Situational Awareness & CART Team

Time: 2 hours

Date: Thursday (Day 2 NHO)

Time: 10:00am - 12:15pm

Room: Board Room

Presenters: Bob Wilcox, Chuck Kerstell & CART T

UWGB BHPT Professional Development Opportunities

Submit completed NCHC Professional Development Request Form to OD

Topic: De-Escalation and Coping Skills for Preventing and Managing Crisis Situations

Target Audience: Crisis staff

Date: Tuesday, June 25, 2019

Location: UW-Green Bay, University Union, 1965 Room

Presenter: Jessica Beauchamp, MSW, LCSW

Time: 9:00am-4:00pm

Cost: FREE (includes lunch, materials and 6 CEH)

Description: Developing coping methods for the consumer in crisis and those who care for them is an important part of crisis intervention. Skills such as mindfulness, emotional regulation and distress tolerance can be very helpful for persons who are struggling to cope. Crisis Workers will learn skills informed by both Dialectical Behavioral Therapy (DBT) and Motivational Interviewing (MI), and will gain more tools to add to their crisis intervention toolbox. **Space is limited. Registration on a first come-first served basis. Please do not register if you have previously attended BHPT's "DBT Skills for Crisis Intervention".**

Topic: Sex, Drugs, and Rock and Roll: Addiction, Compulsion, and Craving - The Biology of the Pursuit of Happiness

Target Audience: All Staff

Date: Wednesday, June 26, 2019

Location: Green Bay

Presenter: Dr. David Mays

Time: 9:00am-4:00pm

Cost: \$35 (includes lunch, materials and 6 CEH)

Description: This program will explore the biological understanding of the commonly identified features of addiction - genetic vulnerability, salience, reward, withdrawal, relapse - and apply these concepts to various behavioral addictions. We will look at treatment strategies and results across the gamut of compulsive behavior.

Topic: Assessing and Managing Suicide Risk (AMSR)

Target Audience: All Staff

Date: Tuesday, July 16, 2019

Location: Eau Claire

Presenter: Jessica Beauchamp, MSW, LCSW

Time: 9:00am-4:00pm

Cost: FREE (includes lunch, materials and 6.5 CEH)

Limited space - first come first served basis.

Description: AMSR is a one-day training workshop for behavioral health professionals. The 6.5-hour training program is based on the latest research and designed to help participants provide safer suicide care. Health care providers face many challenges when working with patients and clients at risk for suicide. Some patients may not disclose thoughts of suicide, and even when they do, the health care provider must make judgement calls about unpredictable outcomes, often with insufficient or contradictory information. This training will develop the five areas of competency for AMSR:

1. Approaching Your Work
2. Understanding Suicide
3. Gathering Information
4. Formulating Risk
5. Planning and Responding

Topic: Assessing and Managing Suicide Risk (AMSR)

Target Audience: All Staff

Date: Wednesday, July 17, 2019

Location: Rhinelander

Presenter: Jessica Beauchamp, MSW, LCSW

Time: 9:00am-4:00pm

Cost: FREE (includes lunch, materials and 6.5 CEH)

Limited space - first come first served basis.

Description: AMSR is a one-day training workshop for behavioral health professionals. The 6.5-hour training program is based on the latest research and designed to help participants provide safer suicide care. Health care providers face many challenges when working with patients and clients at risk for suicide. Some patients may not disclose thoughts of suicide, and even when they do, the health care provider must make judgement calls about unpredictable outcomes, often with insufficient or contradictory information. This training will develop the five areas of competency for AMSR:

1. Approaching Your Work
2. Understanding Suicide
3. Gathering Information
4. Formulating Risk
5. Planning and Responding

Topic: Assessing and Managing Suicide Risk (AMSR)

Target Audience: All Staff

Date: Thursday, July 25, 2019

Location: Green Bay

Presenter: Jessica Beauchamp, MSW, LCSW

Time: 9:00am-4:00pm

Cost: FREE (includes lunch, materials and 6.5 CEH)

Limited space - first come first served basis.

Description: AMSR is a one-day training workshop for behavioral health professionals. The 6.5-hour training program is based on the latest research and designed to help participants provide safer suicide care. Health care providers face many challenges when working with patients and clients at risk for suicide. Some patients may not disclose thoughts of suicide, and even when they do, the health care provider must make judgement calls about unpredictable outcomes, often with insufficient or contradictory information. This training will develop the five areas of competency for AMSR:

1. Approaching Your Work
2. Understanding Suicide
3. Gathering Information
4. Formulating Risk
5. Planning and Responding

Additional Outside Professional Development Opportunities

Submit completed NCHC Professional Development Request Form to OD

Topic: Overcoming Addiction Together - Building Resilient Families and Communities: Moving Beyond Trauma/ACEs and Addiction (Workshop 2)

Target Audience: Behavioral Health Professionals, Social Workers

Date: Thursday, July 18, 2019

Location: Northcentral Technical College, Wausau

Presenters: (Plenary Speaker) Honorable Reverend, Judge Everett D. Mitchell; (Speaker) Scott Webb

Description: Workshop #2 in a series of three.

*Workshop offered at Nicolet College in Rhinelander on July 19, 2019

Time: 8:30am-1:00pm

Cost: \$20 (includes lunch & 4 CEU's)

Topic: Overcoming Addiction Together - Taking Care of Ourselves as We Care for Others (Workshop 3)

Target Audience: Behavioral Health Professionals, Social Workers

Date: Thursday, August 15, 2019

Location: Northcentral Technical College, Wausau

Presenters: (Plenary Speaker) Jeff VanVonderen; (Closing Speaker) Jesse Heffernan

Description: Breakout Sessions include: Aromatherapy, Rise Up Art, Meditation, Yoga, Taking Care of Yourself: Mind, Body, Spirit

*Workshop offered at Nicolet College in Rhinelander on August 16, 2019

Time: 8:30am-1:00pm

Cost: \$20 (includes lunch & 4 CEU's)

Topic: Children Come First Conference

Target Audience: Behavioral Health Professionals, Social Workers of Children & Young Adults

Date: November 11-12, 2019

Location: Glacier Canyon Lodge, Wisconsin Dells

Presenters: Mona Delahouke & David Romano

Description: The Children Come First Conference is for those caring for, working with, or concerned with the well being of children and youth with social, emotional, and behavioral challenges. Each year, this conference brings together professionals, educators, and families, with national experts in the field of children's mental health. The theme for this year's conference is "Cooperation".

*\$100 Youth Track Registration (ages 12-26); \$130 for full-time students attending an accredited college or university

Topic: Now Is The Time Conference

Target Audience: All Staff

Date: Tues & Wed, August 13-14, 2019

Location: UW-Whitewater

Presenters: Forthcoming

Time: Forthcoming

Cost: Free

Description: The focus of this conference is strategies to improve support systems around youth and young adults ages 16-25 that have or are at risk of a mental health diagnosis.



WHAT'S 4 LUNCH?

WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm

A Cashier is on duty from 9:00am – 10:00am, 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

**Serving Soup, Salad and
Lunch Entrée Option
Monday – Friday.**

All hot sandwiches,
hot foods and cold bar items
are \$.35/ounce.

Soup: \$1.25 Cup / \$2.00 Bowl



JUNE 24 – 28, 2019

MON 6/24English Garden Soup

Hot Roast Beef Sandwich
& Mashed Potatoes

Vegetable Lasagna

Zucchini & Tomatoes, Garlic Bread
Oatmeal Raisin Bread
Fruit Cocktail Salad

TUES 6/25.....Corn Chowder

Grilled Chicken Breast
w/Balsamic Vinegar

Hot Ham

Yams, Green Bean Deluxe
Rhubarb Cake

WED 6/26Chicken Noodle Soup

Chicken Bacon Ranch Wrap

Hand Breaded Cod

Fried Potatoes
Creamy Coleslaw
Luscious Lemon Bar

THUR 6/27Baked Potato Soup

Nachos Supreme

Meatloaf

Mashed Potatoes
Peas
Strawberry Sauce

FRI 6/28Vegetable Soup

Gyros

Sweet/Sour Glazed Chicken

Twice Bakes Mashed Potatoes
Carrots
Chocolate Cake w/Fudge Icing



**Marathon County
Employees Credit Union**

Balance Transfer Special Going On Now!



Explore a
New Direction

4.99% APR*
FOR
18 MONTHS

when you transfer an
existing balance to our
credit union credit card
between June 1, 2019
and August 31, 2019

Balance transfers completed 6/1/2019 through 8/31/2019 will receive 4.99% APR* for 18 months from date of transfer. After the promotional time frame expires, remaining balances will migrate to the standard APR applicable on your account. Contact the credit union for complete details. *APR = Annual Percentage Rate

Balance transfers completed 6/1/19 through 8/31/19 will receive 4.99% APR* for 18 months from the date of the first balance transfer. After the promotional time frame expires, remaining balances will migrate to the standard APR applicable on your account. *APR = Annual Percentage Rate

Contact Us Today for Details!

Apply Online @ www.mcecu.org or by using the New Mobile App!
Peter.Wolf@co.marathon.wi.us

www.mcecu.org • 715 261-7680

Peter.Wolf@co.marathon.wi.us

400 East Thomas Street Wausau, WI 54403

CALLING X4488 ADMIN ON-CALL NUMBER

What Is That Phone Number For Again?

Recently, the x4488 Admin On-Call number has received some uncommon calls, from asking about the hours of the Gift Shop to general questions about programs and services.

Please remember that the Admin On-Call phone number is available 24/7 for employees to ensure the protection and welfare of residents, clients, patients, employees and the organization in cases of significant and/or unusual occurrences. The Admin On-Call is covered by members of the Executive Team in one week rotations. Calls that are non-emergency calls or are for general inquiries should not be transferred to the Admin On-Call number. For further review, please refer to the information on page 35 of the Connections Guide or online on the For Employees Page. If you have any questions, please talk with your manager.

